## Positive Alternatives 2015 - 16 Quarterly Update

**Grantee: CATHOLIC CHARITIES, DIOCESE OF ST. CLOUD** 

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Goal: To provide Pregnancy Counseling and other positive alternatives to abortion to pregnant women and parenting women

For the period: July 2015 – September 2015

Activity or Service	Activity or Service Description Major Work Plan Activities	Work Plan Count	Program Progress and Accomplishments Report the progress and accomplishments made this period on each activity.	Report Count
Administrative Activities	Provide guidance to Pregnancy Counselor; attend required meetings; prepare reports and evaluation materials for grant; overall communication regarding all grant requirements and functions; client intake and statistical information		During this quarter time spent on case management of LSW counselor, meeting with clients from time to time, case review, reporting requirements, annual meeting, and evaluation follow up and grant follow up. Due to a medical leave and change in staffing admin has also taken on basic tasks of follow up with the grant until position in replaced.	
Outreach	Provide outreach information to organizations in Central and Northern MN; advertise pregnancy counseling services in the surrounding area		This quarter we reached out to the Brainerd area physicians as well as Birthright of Brainerd. We did letters to the physicians as well as visited Birthright. We traveled to Elk River to also reach out to local Birthright and ABA however they were not available – we will work again and connecting with them this following quarter. Staff also worked with Adoption Options to schedule a training for professionals on the option of adoption however the interest was low so we were not able to put on the educational piece. We will relook at this in the spring again to help educated our school and community programs about the option of adoption.	

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Adoption Education	Licensed Social Workers (LSW) explore adoption with birthparents: provide education and information; provide counseling support services pre- and post-birth	4	This quarter we are down what was proposed per quarter. However we are overall on track with the number of women we would see based on grant proposal. The two new women we have seen a worked with this quarter they both were needed support in making a decision to parent or to place their child for adoption. Many of the women that come into our program are looking to understand what adoption is and if that is an option for them. We are share with these women their rights and how the process works which is beneficial to them in their decision making process for their child.	2
Case Management Services	LSW provide one-to-one pregnancy counseling services with follow-up	49	Since the number of new clients is down this quarter so are the number of one on one connections. With the two individuals in this quarter the one that choose adoption we supported at a high level. The placement was positive and joyful for all individuals.	27
Interpreter	Provide interpreter services as needed	1 per year	None needed this quarter	0
Parenting Education	LSW provide parenting information to new mothers	2	When our women come into our office they will receive both parenting and adoption education as this is be best way to assist them in making an educated decision for both her and the child. When providing our women with both supports it allows them to make their decision at any point in their pregnancy.	2
Pregnancy Education	LSW provide pregnancy education services; support clients by providing resources	4	We assisted both of these women in accessing other supports throughout their pregnancy.	2

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Provide Necessary Services Assessments Only	Staff provides clients only intake assessments, information on, referral to and assistance with securing necessary services	4	Necessary Services were provided to all of the clients this quarter as both were still in their decision making time. We assisted one of them in accessing healthcare for prenatal visit with our MNsure navigator in Catholic Charities	2
Transportation	Provide transportation assistance to enable clients to attend doctor or counseling appointments	2.5	Both of our clients received a gas card to assist them in accessing healthcare and to meet up with the adoptive family they choose for her adoption plan.	2

Maternal and Child Health Initiative Task Force Strategies	No.
Number of women who received car seats and car seat safety education from a PA funded program activity	0
Number of women who received car seat safety education only from a PA funded program activity	0
Number of women who received child abuse prevention education from a PA funded program activity	0
Number of women who received abusive head trauma (shaken baby) prevention education from a PA funded program activity	0
Number of women who received a baby bed, crib, or pack-n-play and sleep safety education from a PA funded program activity	0
Number of women who received sleep safety education only from a PA funded program activity	1

## **Challenges:**

**Comments:** Although are numbers are low this quarter for new women seeking services we continue to work with 6 women in throughout their pregnancy journey or parenting or adoption plan.